



# Equisetum in homeopathy: properties, benefits and uses (all you need to know)

---



## What is Equisetum?

Both Equisetum hyemale, the winter horsetail, and Equisetum arvense, the field horsetail, are hidden behind the homeopathic single remedy Equisetum.

**Equisetum** is used for **bladder and urinary tract problems**. Typical areas of application are bladder irritation with a feeling of fullness and painful pressure in the lower abdomen on both sides. Patients feel a constant urge to urinate and complain of painful urination or mucus in the urine. Horsetail is also used in children who wet their bed during nighttime (nightmare) dreams.

---

### Leading symptoms

- Strong urge to urinate when bladder is empty and less urge to urinate when bladder is full
  - Persistent feeling of fullness in the bladder during pregnancy
  - Bedwetting at night
  - Involuntary passage of urine and stool
  - pain at the end of urination
  - Burning pains in urethra during urination
- 

### Information about the agent

#### Appearance of Equisetum

Typical horsetail patients are easily irritable, tired and drained.

---

## Modalities

Equisetum is indicated for all the typical symptoms that are ameliorated or worsened by the following modalities:

### **Improvement:**

- touch or pressure on the painful area

### **Deterioration:**

- supine position
- while walking

---

## What are typical areas of application for Equisetum?

- cystitis
- wetting

---

## Dosage forms of Equisetum

Horsetail is used in potencies between 2X and 12X; the usual doses for the treatment of an irritable bladder are at D3.

---

## The starting substance of Equisetum

The homeopathic remedy Equisetum is made from plants. Equisetum arvense is made from horsetail. The fresh plant harvested in late summer is used. Equisetum hiemale is made from the winter horsetail. The fresh, whole plant is used.

---

## Effect of Equisetum

Equisetum mainly acts on the urinary tract.

---

## Equisetum in children

The homeopathic Equisetum has proven effective in treating bedwetting in children. It is helpful for chilly children who dream a lot or who suffer from nightmares.

Equisetum is indicated for cystitis when the urine is sparse, dark yellow and contains a lot of mucus. The children suffer from a constant urge to urinate, which does not improve even after urination. The fuller the bladder, the less urge to urinate. The pain from a bladder infection gets worse after you urinate.

Equisetum has proven itself with irritable and quickly exhausted children.

---

## Dosage of Equisetum

Equisetum can be taken in the 6X potency up to five times a day and in the 12X potency up to twice a day. 3 globules of Equisetum are placed in the cheek pouch or under the tongue. It is then awaited whether the symptoms improve. The drug is only taken again when the improvement that has occurred wears off. The intervals between taking Equisetum increase as the disease improves.

---

## Equisetum side effects



So far, no side effects are known when taking the homeopathic Equisetum. At the beginning of treatment with Equisetum, the symptoms may worsen. The drug is then no longer taken. The aggravation usually only lasts for a short time and then improves.

If Equisetum is taken too often or for too long, it can cause a long-

lasting worsening.

Typical potencies: D2 – D12

fabric type: plant

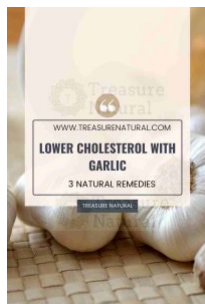
---

Homeopathy	

### Related Posts:



Homeopathy



Nutrition



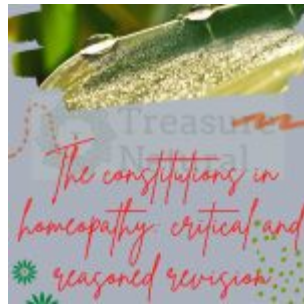
Australian Flower Essences and Remedies



Homeopathy Treatment and Remedies



Naturopathy



The constitutions in homeopathy: critical and reasoned...

## Leave a Comment

Name \*

Email \*

Website

Save my name, email, and website in this browser for the next time

**Tea**

**Oils**

**Australian Flowers**

**Mother Tincture**

**Homeopathy**

**Essential Oils**

**Naturopathy**

Note: Consult a Professional for your specific case and guidance.

[Contact Us](#) | [About Us](#) | [Terms and Conditions](#) | [Privacy Policy](#)

© 2023 TreasureNatural • Built with GeneratePress